



2970 Kohler Rd. • Varysburg, NY 14167 • 585.535.7832 • CampHickoryHill.org

Summer Camp 2017

Dear Mighty Men ADK Canoe Trek Camper,

We look forward to seeing you at camp this summer! This letter serves as a follow-up to your registration process for the Mighty Men ADK Canoe Trek.

In addition to this letter, be sure to download from our website:

1. Health Form
2. Confidential Parent Questionnaire
3. Children's Camps in NY State flier.

Be sure to mail in your health form and confidential parent questionnaire two weeks prior to arrival. As a precaution, **please make a copy of your completed health form and bring it with you to check-in.**

NOTE: You must use our health form. Part One of the health form is to be filled out and signed by the camper's parent/guardian. Part Two must be completed by your doctor.

Drop off Time at CHH: Sunday, July 30, 11:30 AM-Noon

Pick up Time at CHH: Friday, August 4

4:00 PM Targeted Arrival at CHH

Yours in Christ,

Ray Milholland
Camp Registrar
PO Box 23, Williamsville, NY 14231-0023
Ray@CampHickoryHill.org

P.S. If you have any questions or scheduling problems please give me a call at (716) 631-5028.

Reminder: Please return the following to Ray Milholland at least two weeks prior to arrival.

- Health Form
- Confidential Parent Questionnaire
- A Check for the Balance Due (if you registered online, you may pay your balance online as well)

Please see reverse side for more information

Greetings Mighty Men,

I hope you are as excited about the ADK Canoe Trek as we are. I'm including a packing list to help you get started, but I'm sure I'll be modifying things as we get closer.

Necessary:

- 40 Liter DRY BAG (You can get these at WalMart, Dick's, Gander Mt, EMS)
- Hiking Shoes/Sneakers (These are your Dry shoes for hanging out in camp)
- Sandals or Water Socks (These are your Wet shoes for when you are in the canoe)
- Sleeping bag
- Sleeping pad
- Raingear
- Headlamp
- Insect Repellant
- Sunscreen & Hat
- Toothbrush and Toothpaste
- Biodegradable Camp Soap & Shampoo
- Small Bible in a Ziploc Bag
- Notepad and pen/pencil in a Ziploc Bag
- Eating utensils (Spoon, bowl, metal cup)
- Light jacket or fleece (It may get cooler at night.)
- Wool or wool blend socks (Bring at least three pair. NO COTTON)
- Underwear (One to wear, one to spare.)
- T-shirt (Synthetic shirts dry quickly. Spare T-shirts are up to you. You're carrying them.)
- Zip Off Pants (Synthetic is best. Even athletic warm-up pants will do better than jeans.)
- Shorts (If you have convertible pants with zip off legs you can skip shorts.)
- Swim Trunks
- Backpacking Towel
- Water bottle or Hydration bladder (Camelback)

Optional:

- Camera
- Sunglasses
- Small** pocket knife or multi-tool (NO SHEATH KNIVES)
- Extra batteries (For flashlight or camera)

Stuff to leave behind:

Cell Phone (You won't get service anyway), ipod, video games, fireworks, a bad attitude, pets, or radios.

If you have any questions feel free to email (rob@lifequest.cc), call or text me (585] 402-8831).

Rob Dickerson
Leader of Mighty Men Canoe Trip